

## Curriculum Vitae

### Personal Detail

Full name: Zahra Parsapour

Nationality: Iranian

Gender: Female

Date of birth: 15.01.1981

Marital Status: Married

Passport number: W55401281

Language Skills: Persian, English

Postal Address: Vahid street, Isfahan, Iran

Phone number: +989133058582

Email address: [zahraparsapoor@yahoo.com](mailto:zahraparsapoor@yahoo.com)

### **Educational qualification:**

Sleep Medicine Fellowship, Qazvin University of Medical Science, Qazvin, Iran (2018-2019)

Specialty in Pediatrics, Esfahan University of Medical Science, Isfahan, Iran (1990-1993)

MD ,Shahrekord University of Medical Science ,Shahrekord, Iran (1980-1987).

Oman Medical Specialty Bord,(2023)

### **Clinical Experience:**

As Pediatrician works in private clinic from 1993 until now

As Sleep Medicine Specialist in private sleep laboratory from 2020 until now,

Holding training sessions about sleep disorder for medical student,

### **Skills:**

Excellent critical thinking and problem-solving skills for diagnosis and treatment of all sleep disorders in children and adults.

Expert in doing and analysis and interpretation of Polysomnography that use to diagnose of Sleep Breathing Disorder and PLMD and other sleep problem.

Use of NIV therapy after titration and decide for other treatment of Sleep Breathing Disorders.

Use of MSLT for diagnosis of hypersomnia and treatment of them.

Diagnosis and treatment of Insomnia.

Use of Actigraphy for diagnosis of circadian rhythm disorder.

Evaluation and treatment of other pediatric disorders.

### **Publications:**

Zahra Parsapour,.... “The effect of sleep consolidation on growth and development in earlychildhood”

Zahra Parsapour,.... “ Sleep and Neurodevelopment”

Zahra Parsapour,....., “Central sleep apnea in a treatment-resistant migraine patient: a case report”, 2022 Apr-Jun;15(2):259-264.  
PMID: 35755916.

Vida Imani,.....,Zahra Parsapour, “The Mediating Roles of Anxiety, Depression, Sleepiness, Insomnia, and Sleep Quality in the Association between Problematic Social Media Use and Quality of Life among Patients with Cancer”, *Healthcare* 2022, 10(9), 1745; PMID: 36141357.

Zahra Parsapour,...., “The Evaluation of Sleep Disorders in Children with Adenotonsillar Hypertrophy Referring to the Otolaryngology Clinic of Qazvin Children Hospital, Iran”, *Journal of Sleep Sciences*, Volume:4 Issue: 1, Winter-Spring 2019

Alireza Merrikhi, Zahra Parsapour, "Diagnostic Value of Lactoferrin in Diagnosis of Urinary Tract Infection in Children", Journal of Isfahan Medical science, Volume 36, Issue 465 - Serial Number 465 January and February 2018.

**Presentations:**

Attending as speaker in Asian Sleep Research Society (ASRS) 2023 Congress symposium and lecture about "Pediatric Sleep Breathing Disorder".

Attending as speaker in International Pediatric Sleep Association (IPSA) ONLINE 2022 symposium and lecture about "Practice of pediatric sleep medicine in developing countries: Primary steps and challenges"

Poster abstract presentation at World Sleep 2022 In Rome, Italy as abstract title "Central Sleep Apnea in A Treatment-Resistant Migraine patient".

Poster abstract Presentation on the 40<sup>th</sup> anniversary of Dr.Mohammad Gharib as abstract title "Narcolepsy: a case report" in 2019

Lecture about "pediatric polysomnography indications" and "parasomnia" and "hypersomnia" and "Sleep Breathing Disorder in Adult and children" for Iranian physicians in multiple sessions,

